

ENF TECHNICAL PROGRAM

KYU	BASICS	WAZA	SHIAI (in BOGU)
5 KYU	<ul style="list-style-type: none"> ➤ JOGE BURI ➤ DATOTSU : MEN UCHI ; MEN UKE ; SOKU MEN UCHI-UKE ; SUNE UCHI-UKE 	<ul style="list-style-type: none"> ➤ SHIKAKE OJI : 1 - 2 	
4 KYU	<ul style="list-style-type: none"> ➤ JOGE BURI ➤ DATOTSU : MEN, SOKU MEN, SOKU SUNE ➤ UCHI KAESHI 	<ul style="list-style-type: none"> ➤ SHIKAKE OJI : 1 - 3 	
3 KYU	<ul style="list-style-type: none"> ➤ JOGE BURI ➤ (<u>NANAME BURI</u>) ➤ DATOTSU : MEN, SOKU MEN, SOKU SUNE ➤ UCHI KAESHI 	<ul style="list-style-type: none"> ➤ SHIKAKE OJI : 1 - 4 	
2 KYU	<ul style="list-style-type: none"> ➤ JOGE BURI ➤ (<u>NANAME BURI</u>) ➤ (<u>YUKO BURI</u>) ➤ DATOTSU : MEN, SOKU MEN, SOKU SUNE, DO ➤ UCHI KAESHI 	<ul style="list-style-type: none"> ➤ SHIKAKE OJI : 1 - 5 	
1 KYU	<ul style="list-style-type: none"> ➤ JOGE BURI ➤ (<u>NANAME BURI</u>) ➤ (<u>YUKO BURI</u>) ➤ DATOTSU : MEN, SOKU MEN, SOKU SUNE, DO) ➤ UCHI KAESHI 	<ul style="list-style-type: none"> ➤ SHIKAKE OJI : 1 - 5 	

Italic and underscored words will be necessary for examinations in Britain.

Time pending, a mock shodan exam will be conducted for students preparing to go to Europe mainland later in the year