

## Travel and Transport to YORK, and UNIVERSITY OF YORK

### & Accommodation Recommendations

**The seminar is not in LONDON.** Please note this an especially important point for foreigners.

YORK is about 2½ hours by train from central London, Kings Cross St.Pancras, or 4 hours car drive from London. The nearest international airport is MANCHESTER airport (code, MAN)

- ✓ Parking will be available and free at the University from Friday 18:00hrs and all weekend
- ✓ We are *not* recommending 'budget airlines', as these fly into airports that have difficult transport links into central YORK, which is otherwise well served for the North of England.
- ✓ Please let us know, if you are flying into either Manchester or London Heathrow or City airport, as we will attempt to give you the best transport advice to travel to YORK.

**Please allow sufficient time for check in, at your choice of train station or airport.**

### Accommodation Options

- **For those on a budget, we have a recommendation that the newly refurbished YHA is about £21-25pppn in MARCH 2012, depending on how early you book, your age or international YHA membership you may have.**
  - It will be about 20-25 minute walk to the sports centre
  - It is bunk-bed dorm style of 4-6 bed room share
  - We will try and get everyone named, into the same rooms
  - You may be lucky in the twin rooms ensuite, which are £56 pn

<http://www.yha.org.uk/find-accommodation/yorkshire-wold-moors-coast/hostels/York/index.aspx>

- ✓ Please make your booking yourself without delay, through website & online bookings

We would recommend though, that people email us, to tell us if they're staying at YHA as Rachel will attempt arrange where possible, all Naginata players (British and foreign) staying there, will be in the same rooms, to keep Naginata team spirit.

- **For those who can afford £45-56 per night for single room, ensuite bathroom, University of YORK has on-site accommodation**
  - This is in limited supply, but has the luxury of being just 5 minutes walk to the sports hall.
  - The sensei and at least 2 London BNA folk will be staying on the Uni of York campus

**You will need the WENTWORTH Accommodation Block** if possible (there are other choices...) this WENTWORTH block, is just 5 minutes walk to the sports hall (!)

<http://yorkconferences.com/Bed and Breakfast York BB in North Yorkshire .aspx>

### **SPORTS CENTRE LOCATION**

You are aiming for UNIVERSITY of YORK SPORTS & FITNESS HALL -

On the PDF map, look at the bottom LEFT HAND CORNER of the map, you'll see Wentworth Halls of Residence and SPORTS CENTRE clearly marked.

<http://www.york.ac.uk/np/maps/pdf/hescampus.pdf>

Please note for SATNAV, you need to input the ROAD, as inputting the Postcode only covers an enormous University Campus with lots of internal roads & buildings. You need **NEWTON WAY**.

For those WALKING FROM THE YHA, we will have one local YORK lad, meet you at the gate, and walk en-masse to the University of York sports centre.

